

**SULIT**

**COUNSELLING SESSION FORM  
CAREER & COUNSELLING CENTRE  
STUDENT AFFAIRS DIVISION  
UiTM**

**A. CLIENT INFORMATION***(Maklumat Klien)*

NAME : .....  
*Nama*

GENDER :  MALE  FEMALE AGE : .....  
*Jantina* *Lelaki* *Perempuan* *Umur*

UiTM NUMBER :  SEMESTER: .....  
*No. UiTM*

FACULTY : .....  
*Fakulti*

NAME AND PROGRAMME CODE: .....  
*Nama dan Kod Program*

HEAD OF PROGRAMME : .....  
*Nama Ketua Program*

CURRENT ADDRESS / COLLEGE: .....  
*Alamat Semasa / Kolej*

PERMANENT HOME ADDRESS: .....  
*Alamat Tetap Kediaman*

H/P NUMBER : .....  
*No. Telefon Bimbit*

E-MAIL ADDRESS : .....  
*E-Mel*

IMMEDIATE RELATIVE/ NEXT OF KIN: .....  
*Nama Waris Terdekat*

RELATIONSHIP : .....  
*Hubungan*

H/P NUMBER : .....  
*No. Telefon Bimbit Waris*

**B. COUNSELLING INFORMATION (TO BE FILLED IN BY THE COUNSELOR)***Maklumat Kaunseling (Tindakan Kaunselor)*

TYPE OF COUNSELING:  Individual  Group  
*Jenis Kaunseling* *Individu* *Kelompok*

TYPE OF PRESENTING PROBLEM :  Self  Social  Monetary  Career  Academic  Family  
*Jenis Masalah* *Diri* *Sosial* *Kewangan* *Kerjaya* *Akademik* *Keluarga*

TYPE OF REFERRAL:  Self-Referred  3<sup>rd</sup> party Referred  
*Rujukan* *Sukarela* *Rujukan*

REFERRED BY:-  Faculty  College  Student Affairs  Family  
*Sumber Rujukan* *Fakulti* *Kolej* *HEP* *Keluarga*

OTHERS (KINDLY STATE) .....  
*Lain-lain ( Nyatakan)*

CASE STATUS :  New  Follow Up  
*Status Kes* *Baru* *Susulan*

**SULIT**

# SULIT

## C. INFORMED CONSENT ( *Borang Persetujuan Termaklum* )

I ( *Saya* ).....

I/C Number ( *K/p No.*).....UiTM Student Number ( *No.Pelajar UiTM* ).....

am a client of ( *adalah klien kepada* ).....

I have been informed about the duration,process,technique and goals in the session by the counselor. I truly understand even though the information discussed during counselling session will be treated confidentially, there are several exceptions whereby disclosure is a must for the benefit of me myself and others or when acquired by law. If the counselor deemed that my action can possibly be harm to myself and others, the counselor can necessarily disclose the required information to the authority. The success of the counselling session relies on my willingness to express my feelings and thoughts and to practice the agreed alternative.

*Saya telah dimaklumkan tentang matlamat, jangka masa sesi, proses dan teknik yang digunakan oleh kaunselor. Saya memahami bahawa walaupun semua maklumat yang berkaitan dengan perkhidmatan kaunseling adalah dirahsiakan,terdapat beberapa pengecualian dimana pendedahan perlu dilakukan untuk kebaikan saya, kebaikan orang lain atau keperluan undang-undang. Jika mengikut pertimbangan kaunselor, tindakan saya boleh menjejaskan diri saya dan orang lain, beliau berhak menggunakan budi bicaranya untuk mengambil tindakan yang wajar dengan melaporkan kepada pihak berkuasa. Kejayaan kaunseling bergantung pada kesediaan saya untuk berkongsi perasaan dan pemikiran serta melaksanakan alternatif yang dibincangkan.*

Client's Signature  
*Tandatangan Klien*

Counselor's Signature  
*Tandatangan Kaunselor*

.....  
( )

Date :  
*Tarikh :*

.....  
( )

Date :  
*Tarikh :*

## D. SESSION INFORMATION

*Maklumat Sesi*

SESSION  
*Sesi*

DATE :  
*Tarikh :*

1. Client's State of Condition:  
(Behavior, Emotion & Thinking)  
*Keadaan Klien*  
*(Tingkah laku, Emosi dan Pemikiran)*
2. Presenting Problems/ Symptom  
*Aduan Masalah*
3. Treatment Goals  
*Objektif Sesi*
4. Intervention/ Actions  
*Tindakan Intervensi*
5. Alternatives  
*Alternatif Penyelesaian*

# SULIT

1. Client's State of Condition:  
(Behavior, Emotion & Thinking)  
*Keadaan Klien*  
*(Tingkah laku, Emosi dan Pemikiran)*
2. Presenting Problems/ Symptom  
*Aduan Masalah*
3. Treatment Goals  
*Objektif Sesi*
4. Intervention/ Actions  
*Tindakan Intervensi*
5. Alternatives  
*Alternatif Penyelesaian*